

Electrodes

Self-adhesive, pre-gelled & reusable

Models: 715-710, 715-715, 715-720

Prepare the skin:

1. Each area to be treated should be washed with soap and water, rinsed and dried prior to application of the electrodes. Do not apply any creams or gels as this may reduce the adhesion of the electrodes.

Applying the self-adhesive gel electrodes:

1. Gently remove the electrode from the plastic storage liner by peeling the electrode edge. To avoid damaging the electrode, do not pull the pre-attached wire when removing the electrode from the plastic storage liner or the skin.
2. Apply electrode only to unbroken, non-irritated, healthy, intact skin.
3. Apply the electrodes on targeted treatment zone as recommended by your physician, therapist or medical professional by applying the center of the electrode first and smoothing outward.
4. Electrode must be placed firmly and evenly to skin and have good contact between the skin and the electrode.
5. Attach the lead wire connectors to the electrodes, ensuring that no bare metal is exposed.
6. Before connecting the lead wires to the ProActive TENS unit, ensure that the TENS unit is turned OFF.
7. Adjust the treatment zones as recommended by your medical professional.

Removal and storage of electrodes:

1. Turn off the TENS unit before disconnecting the lead wires
2. Remove the ProActive Self Adhesive electrodes from skin by peeling from electrode edge, and in order to maximize their lifetime, we recommend placing them on to their original plastic storage liner after each use, and keep them at room temperature in an airtight zip lock plastic bag.
3. If adhesive becomes over-saturated, place electrode face up at room temperature and let dry until gel regains its stickiness. If the electrode gel appears dry, add a few drops of water to the electrode gel and let dry until gel regains its stickiness.

Notes:

- The lifetime of your electrodes will vary depending on your skin condition, skin preparation before application, type of stimulation, storage conditions and climate.
- Self Adhesive electrodes should be replaced when they lose their adhesiveness or when you notice a change in stimulation intensity.
- If skin irritation occurs, discontinue use and consult your medical professional.
- Refer to your TENS device instructions for further information on electrodes.